



*A master in the art of living  
Draws no sharp distinction  
Between their work and their play,  
Their labor and their leisure,  
Their mind and their body,  
Their education and their recreation.  
They hardly know which is which.  
They simply pursue their vision  
Of excellence through whatever  
They are doing and leave  
Others to determine  
Whether they are working or playing.  
To themselves, they always seem  
To be doing both.*

*Author Unknown*